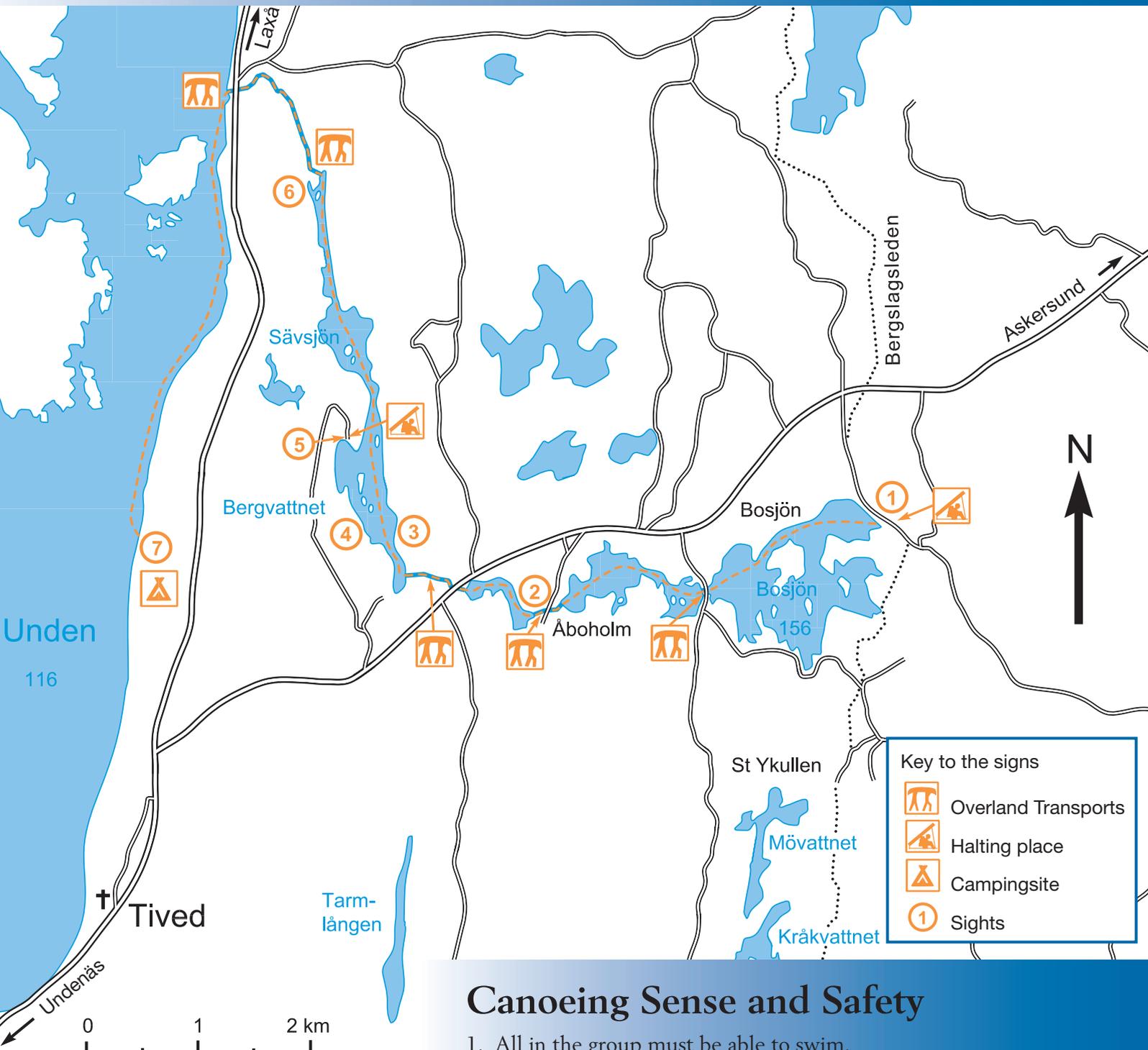




Canoe Route Bosjön - Unden



Canoeing Sense and Safety

1. All in the group must be able to swim.
2. Use a buoyancy vest!
3. Sit still in the canoe and never overload it!
4. Only two people to each hired canoe.
5. Paddle the canoe along the shores, where it is safer and more to see.
6. If you paddle in a group, make sure no one goes on ahead or is left behind, it is safer if you all have eye contact.
7. If you light a fire at a wind shelter, you are responsible for all possible consequences. Use permanent fireplaces if possible.
8. Always inform the rest of the group of your planned route.

If you would like more information about the canoe routes, please phone:

Tourist Office in Askersund
Phone: 0583-810 88
Tourist Office in Laxå
Phone 0584-109 20
Camping Tiveden
Phone 0584-47 40 83

The map is drawn in OCAD 8 by C-G Garpenlund

Short Description of the Tiveden Route

Bosjön - Unden , 15 km

If you do not have your own canoe you can hire one with the necessary equipment at the Tourist Offices in Askersund, Laxå and Camping Tiveden. That includes the canoe and paddles, buoyancy vests and carting wheels. We can also cater for transportation of the canoe.

The route takes you through the deep Tiveden forest, where you meet exciting stories of fairy-tales and magic.

1. **Bosjön**, depot for canoes, wind shelter, fire-place, outside toilet, dust-bin and car park. Launching spot to the west of the road.

2. **Åboholmsbruk**, old ironworks which was in operation from the beginning of the 18th century until 1871. Anton von Boij received the charter of a blast-furnace in Tiveden.

There was also a sawmill in Åboholm, which was in operation until the 1920s.

Today you can find the remains of a nail forge, iron barn, a dam construction and a iron-works forge.

The dwelling-house is private, so please follow the indications on the signs.

3. **Åboholm mill**, built in the 18th century.

Renovated in 1959. At the end the mill was run off a water turbine.

4. **The Giant's Seat** is an ice age formation.

The shape looks like a giant's seat, 3.5 meters wide and tall and underneath there is a basin approx. 2 meters in diameter and 0.5 meters deep.

5. **Jävrundet**, picnic area with wind shelter, fire-place, dust-bin and dry toilet.

6. **Beautiful little island** with possibilities for picnic or camping.

7. **Camping Tiveden**, *** star camping-site. There are also cabins for hire overnight.

Animal Life Along the Route

Show great respect for animals that you see along the route.

Many birds have their nests on the islands or along the shores.

Animals which have now returned to Tiveden are beaver, wolf and lynx.

As a canoeist you may get the chance to see a beaver's nest or dam, or even the beaver itself.

The lower part of the rapids in Sågkvarnsbäcken is the spawning-ground for the salmon trout of lake Unden.

Overland Transports



Between Bosjön and Kvarnsjön, approx. 50 m lift.

Between Kvarnsjön and Höljevattnet, approx. 400 m lift.

Between Höljevattnet and Bergvattnet, approx 300 m lift.

Between Sävsjön and Sdågkvarnsbäcken, approx. 350 m lift.

Between Sågkvarnsbäcken and Unden, approx. 350 m lift.

Outdoor Sense

When you spend time in nature you have a responsibility:

Show respect to nature and animals.

If you are paddling you need to remember:

- * that it is prohibited to light a fire in the countryside when there is a risk for fire or damage to the rocks.
- * that you are allowed to camp for one night without the landowner's permission.
- * that you need permission to camp near a dwelling-house, in a group or for several nights at the same place.
- * to make sure you do not damage the ground or disturb other people.
- * not to haul your canoe across fields and other crops, and not across someone's home-site.
- * not to drop litter in nature.
- * to use the dry toilets available along the route, otherwise dig a hole in the ground and cover over.
- * not to drive a car right down to the water just anywhere. It is prohibited to drive motor vehicles in the countryside, and it may not be allowed to drive along narrow roads either. Please respect signs that say no cars are allowed.
- * that you are not allowed to fish without a fishing permit.

If you need more information about the canoe route, or you want to hire a canoe, please phone:

The Tourist Office in Askersund, phone 0583-810 88

The Tourist Office in Laxå, phone 0584-109 20

Camping Tiveden, phone 0584-47 40 83